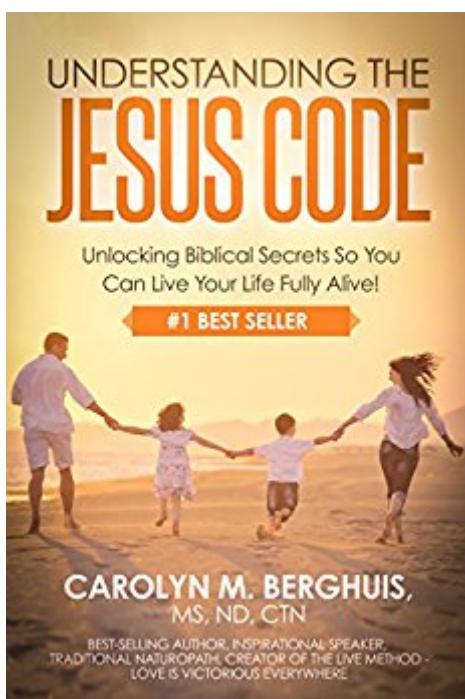


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# Understanding The Jesus Code: Unlocking Biblical Secrets So You Can Live Your Life Fully Alive (Living Fully Alive Book 1)



## Synopsis

Happiness is something we all aspire to. There are other things that some people want, such as fame, wealth or even notoriety, but happiness seems to be universal. Could you imagine living a life without happiness in it? But there are occasions in our lives when happiness doesn't come easily. It can become hopelessly blocked and we end up being unable to see a way past. This is where Understanding the Jesus Code: Unlocking Biblical Secrets so You Can Live Your Life Fully Alive can be of immense value to you. With 15 in-depth and revealing chapters, this book will transform your life, looking at things such as; Complexities of the Modern Person How to Live Fully Alive The Seven Stages of Healing Forgiveness of Self and Others Anxiety and Depression Addictions, Religion and God And much more Understanding the Jesus Code uncovers the nine common blocks to happiness, while offering the fresh approach required to get beyond them and offering great tips to fix what is broken. Using The Jesus Code can help you to victoriously transform your life and experience all the happiness and peace you could ever imagine.

âœl have said these things to you so that my joy may be in you, and that your joy may be complete. • Jesus Christ - John 15:11

## Book Information

File Size: 6262 KB

Print Length: 279 pages

Simultaneous Device Usage: Unlimited

Publisher: [www.TheLIVEMethod.com](http://www.TheLIVEMethod.com) (August 31, 2016)

Publication Date: August 31, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01H1AMJ8C

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #767,245 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #28

in Kindle Store > Kindle eBooks > Religion & Spirituality > Other Religions, Practices & Sacred

## Customer Reviews

Carolyn Berghuis' best-selling book *Understanding the Jesus Code* helps individuals tap into their own unique purpose, while guiding them through a discovery process to their heart, abilities, past experiences, and spiritual gifts. In this eye-opening, empowering, and liberating book, Carolyn teaches individuals how to uncover God's most powerful and effective means of advancing his Kingdom by seeing how a person's personal blueprint is filled with love, and has little room for fear. *Review by Ingrid Klarstrom*

Dr. Carolyn has developed an amazing method for emotional healing. Our heavenly father is front and center in the family constellation work and he guides the process and the healing. This book explains how to heal with God's help through family constellation work. The L.I.V.E. retreats are extremely powerful and are life changing and should be strongly considered!

Carolyn does a beautiful job taking us on a faith-filled journey from darkness to light, sharing personal experiences and proven methods along the way. For anyone who has experienced suffering, this book is a wonderful guide to help you unlock your greatest potential and to live your life FULLY ALIVE!

The author gives simple and powerful teachings that we can apply to our everyday lives. I love the part about "I am not good enough" and how often we sabotage our own success. If you practice what Carolyn says, your life would transform!

Carolyn helped me understand myself, who my family is and why they are the perfect family for me. Truly a book inspired by Christ!

Been a long time since I've read some of those prayers - would like to have seen them organized differently

I truly enjoyed this book. It was an excellent read!

Beautifully written!

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